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Obstetrics and Gynecology

Annual Health History Update

Name _____ Age _____ Date _____

Marital Status _____ Best Phone # to reach you _____

Why are you here today? _____

Do you have any new medical concerns today? Y N _____

Current medications: _____

Medication allergies: Y N _____ Are you allergic to latex? Y N

Name of your primary / family physician _____

Menstrual Cycle History:

1st day of your last period _____ Was it normal? Y N

Have you had a hysterectomy? Y N Are your periods regular? Y N

Do you have: Excessive bleeding Y N Mood Swings Y N

Pain / Cramps Y N Bleeding between periods Y N

Are you sexually Active? Y N Do you have pain with intercourse? Y N

What are you doing to prevent pregnancy? None Condoms Tubal Ligation IUD Vasectomy Ring
Depo-Provera Patch Abstinence Pills (fill in name) _____ Other _____

Are you happy with this method? Y N If no, would you like a different method? Y N

When was your last pap smear? _____ Were the results: Normal or Abnormal

Have you **ever** had an abnormal pap smear? Y N If yes, when _____

Do you smoke? Y N If yes, how much? _____ Do you exercise? Y N Describe _____

Are you having any urinary problems? Y N Explain _____

Are you having any problems with vaginal discharge? Y N Explain _____

Have you had? Mammogram: Y N When _____ Bone density scan: Y N When _____

Colonoscopy: Y N When _____ Cholesterol checked: Y N When _____

Have there been any new medical problems (i.e. cancer) among your immediate family since your last visit? Y N
